

# DeEvolution Flute Instructions - 5 hole

The Native American Flute is a relatively simple instrument to play. Music and notes are played from the bottom to the top (mouth piece end).

Most right hand dominant individuals prefer their right hand on top and left hand on the bottom but hand placement is determined by which position is most comfortable. The top two holes are covered with the index and middle finger pads (not the tips). The bottom three holes are covered with the index, middle and ring finger pads.

Blow gently into the mouthpiece. Very little air is required. If you hear a squeal, either you are blowing too hard or all the holes are not completely covered. You do not need to press hard over the holes, just completely seal them. You will quickly learn to feel the hole edge with each finger.

Start with scale practice. Try to create a rolling motion with your fingers to create a rhythmic flow. You will notice the need to increase air pressure slightly as you go down the scale. If your hands become tired you may be holding the flute too tightly.

Once you become comfortable with the scale attempt to create your own melodies. If you open the top holes first, without an open lower hole, you will hear a squeal. Close your eyes and let beautiful tones emerge. With this flute, you are limited only by your imagination.

Refer to [deevolutionlifestyle.com](http://deevolutionlifestyle.com) **How To** section for an instructional video.

